

It's all about a good breakfast

Avocado Toast £4.95

served with spring onions or without

add peanut butter or hummus £1.00

add poached or scrambled egg £1.25

add halloumi, mushrooms (cooked with red onions and cream), salmon or bacon £2.95

Hummus Toast £6.95

With avocado, sun dried tomatoes and chilli

My heavenly mushrooms

Rye bread, mushrooms (cooked with red onions and cream) cheddar cheese, poached egg £7.95

Poached eggs sandwich on rye bread

bacon, red onions, mushroom and red pepper skewer £8.95

Ultimate bacon sandwich with mayo, tomatoes, red onions £6.95

Smoked salmon, spinach, cream cheese, avocado and poached egg sandwich £8.95

Lunch at "Cotea"

Soup of the day Served with bread and butter £5.95



Our lovely crepes

Sweet crepes:

with peanut butter, cinnamon, honey, banana and blueberries £5.95

with nutella and strawberries £5.95

Savory crepes:

with creamy mushrooms (cooked with red onions in cream), garlic, brie, cheddar cheese £6.95 add chicken for £2.95

with sun dried tomatoes, mozzarella and spinach £6.95

with ham and cheese £6.95

Salads

Halloumi salad

mixed leaves, oranges, pomegranate, avocado, pistachios, grilled halloumi home made dressing £11.95

Pear, goat cheese and cranberry salad

mixed leaves, caramelised pears, goat cheese, dried cranberries, roasted pecans, home made dressing £11.95

Pineapple, Chicken and avocado salad

spinach, chicken, pineapple, avocado, red onions, blueberries, feta cheese, home made dressing £11.95

Duck and caramelised oranges salad

mixed leaves, brie, oranges, red onions, dried cranberries, home made dressing £12.95

Brain power smoked salmon salad

spinach leaves, red onions, blueberries, avocado, smoked salmon, feta cheese, home made dressing £12.95

All our salad are made on order so all of them can be made vegan friendly

Paninis

Avocado veggie panini
mozzarella, mushrooms (cooked with red onions) in cream), avocado, garlic
£6.95

Apple, Ham and Brie Panini
apple, ham, brie, mayo, Dijon mustard, spinach £6.95

Rosemary chicken panini
chicken, sun dried tomatoes, spinach, garlic, red pepper, mozzarella £6.95

Sandwiches

Brie, apple and cranberry sandwich
(can be toasted) £6.95

Mushroom, cheese sandwich
mushrooms (cooked with red onions in cream), garlic, brie and cheddar cheese (toasted) £6.95

Cranberry, bacon and brie sandwich (toasted) £7.95

Avocado chicken clubhouse
toasted bread, chicken, avocado, spring onions, bacon, tomato, lettuce, Dijon mustard and mayo dressing £8.95

Rye bread or gluten free bread options will be charged extra £0.70

Please note: some of our dishes may contain allergens if you have any dietary requirements please speak to our member of staff